

Briefly about the Oral Health & Pregnancy Brochure

During pregnancy, women are more likely to get oral health problems. Oral health problems during pregnancy can affect the health of both the mother and the baby. Unfortunately, many women do not go to the dentist during pregnancy nor do they receive information about their oral health.

The World Health Organization recommends that antenatal care providers, like midwives, could play a role in promoting oral health. In Tanzania, midwives are ideally placed as most women see a midwife during pregnancy.

This brochure was developed to provide simple, oral health advice to Tanzanian women during pregnancy. It was designed so that midwives can use the brochure to provide oral health information to pregnant women.

Endorsing Organisations



MINISTRY OF
HEALTH



ILEMBULA
LUTHERAN
HOSPITAL

WESTERN SYDNEY
UNIVERSITY



Finnish institute for
health and welfare

Rotary 
Nurmijärvi-Klaukkalan klubi